Make it Happen: self-advocacy for college success and beyond

Understand your strengths, challenges & interests
- Do your academic goals take into consideration your strengths, challenges & interests?
- What are the (or the anticipated) roadblocks to your academic success?
- Are you aware of your learning needs? What learning methods and conditions are best for you to achieve maximum learning?

Know what you want & need (to succeed)
- What are your short and long-term academic goals?
- What do you need (type of accommodation/strategies/skills) to achieve your academic goals? E.g., a specific accommodation, compensatory strategies, time management skills, problem solving skills, decision-making, organization, learning & study skills, stress management & coping strategies, skills to request and negotiate accommodations with Professors, etc.?

Know how to get what you want & need
- Do you have a plan in place? If so, are you following the plan & its timeline? Do you need to reassess and revise your plan?
- Are you finding and using resources; e.g., people, workshops, the internet, books, campus organizations, etc.?
- When you encounter a roadblock, are you able to identify the root cause and come up with a plan to succeed?

Strengths, interests, challenges:

Goals:

Needs:

Plan of Action:

Resources:

For details and information about rights & responsibilities as a student with a disability go to [http://rds.colostate.edu/rights-and-responsibilities.aspx](http://rds.colostate.edu/rights-and-responsibilities.aspx)

For information on succeeding through self-advocacy go to [http://accessproject.colostate.edu/sa/](http://accessproject.colostate.edu/sa/)