

Make it Happen: self-advocacy for college success and beyond

Action Plan/Problem Solving Guide

Goal:

Tips:



- *Include personal goals as well as academic goals; each life area impacts the others....remember to **balance**.*
- *Use SMART goals ~
S...specific
M...measurable
A...attainable
R...relevant
T...time bound*
- ***Evaluate** your plan and make **revisions** when necessary.*
- *If you get stuck: HOP
H...get Help
O...consider Options
P... and be Persistent.*

Steps	Resources	Timeline	Roadblocks (that arise)