Make it Happen: self-advocacy for college success and beyond

Action Plan/Problem Solving Guide

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Tips:

- Include personal goals as well as academic goals; each life area impacts the others....remember to **balance**.
- Use **SMART** goals ~
  - **S**pecific
  - **M**easurable
  - **A**ttainable
  - **R**elevant
  - **T**ime bound
- **Evaluate** your plan and make **revisions** when necessary.
- **If** you get stuck: **HOP**
  - **H**elp
  - **O**ptions
  - **P**ersistent

Goal: